



WAYFINDER

PRAYER AS OUR GUIDE



PRAYER OF REST & SABBATH

"IF YOU KEEP YOUR FEET FROM BREAKING THE SABBATH AND FROM DOING AS YOU PLEASE ON MY HOLY DAY, IF YOU CALL THE SABBATH A DELIGHT AND THE LORD'S HOLY DAY HONORABLE, AND IF YOU HONOR IT BY NOT GOING YOUR OWN WAY AND NOT DOING AS YOU PLEASE OR SPEAKING IDLE WORDS, THEN YOU WILL FIND YOUR JOY IN THE LORD, AND I WILL CAUSE YOU TO RIDE IN TRIUMPH ON THE HEIGHTS OF THE LAND AND TO FEAST ON THE INHERITANCE OF YOUR FATHER JACOB." FOR THE MOUTH OF THE LORD HAS SPOKEN.

-ISAIAH 58:13-14

PRAYER OF REST & SABBATH

IT IS GOOD TO PRAISE THE LORD
AND MAKE MUSIC TO YOUR NAME, O MOST HIGH,
PROCLAIMING YOUR LOVE IN THE MORNING
AND YOUR FAITHFULNESS AT NIGHT,
TO THE MUSIC OF THE TEN-STRINGED LYRE
AND THE MELODY OF THE HARP.
FOR YOU MAKE ME GLAD BY YOUR DEEDS, LORD;
I SING FOR JOY AT WHAT YOUR HANDS HAVE DONE.
HOW GREAT ARE YOUR WORKS, LORD,
HOW PROFOUND YOUR THOUGHTS!
SENSELESS PEOPLE DO NOT KNOW,
FOOLS DO NOT UNDERSTAND,
THAT THOUGH THE WICKED SPRING UP LIKE GRASS
AND ALL EVILDOERS FLOURISH,
THEY WILL BE DESTROYED FOREVER.
BUT YOU, LORD, ARE FOREVER EXALTED.
FOR SURELY YOUR ENEMIES, LORD,
SURELY YOUR ENEMIES WILL PERISH;
ALL EVILDOERS WILL BE SCATTERED. ...

PRAYER OF REST & SABBATH

YOU HAVE EXALTED MY HORN LIKE THAT OF A WILD OX;
FINE OILS HAVE BEEN POURED ON ME.
MY EYES HAVE SEEN THE DEFEAT OF MY ADVERSARIES;
MY EARS HAVE HEARD THE ROUT OF MY WICKED FOES.
THE RIGHTEOUS WILL FLOURISH LIKE A PALM TREE,
THEY WILL GROW LIKE A CEDAR OF LEBANON;
PLANTED IN THE HOUSE OF THE LORD,
THEY WILL FLOURISH IN THE COURTS OF OUR GOD.
THEY WILL STILL BEAR FRUIT IN OLD AGE,
THEY WILL STAY FRESH AND GREEN,
PROCLAIMING, "THE LORD IS UPRIGHT;
HE IS MY ROCK, AND THERE IS NO WICKEDNESS IN HIM."

-PSALM 92, A PSALM. A SONG. FOR THE SABBATH DAY.

PRAYER OF
REST & SABBATH

BLESSED ART THOU, LORD OUR GOD, KING OF THE UNIVERSE
WHO DISTINGUISHES HOLINESS FROM THE ORDINARY, LIGHT
FROM DARK, ISRAEL FROM THE NATIONS, THE SEVENTH DAY
FROM THE SIX DAYS OF WORK. BLESSED ART THOU, LORD
OUR GOD, WHO DISTINGUISHES HOLINESS FROM THE
ORDINARY.

-JEWISH SHABBAT BLESSING