

OF THE SAINTS

PRAYERS

The title 'PRAYERS OF THE SAINTS' is centered on the page. The word 'PRAYERS' is in a large, bold, black serif font with a white drop shadow. Above it, 'OF THE SAINTS' is written in a smaller, black, all-caps serif font, following the curve of a semi-circle. The background of the title features a central illustration of several saints in traditional robes, with a landscape and trees visible behind them. The illustration is framed by a semi-circle at the top and a rectangle at the bottom. Several large, detailed roses in shades of pink, white, and red are scattered around the central illustration, some overlapping the text.

CORNERSTONE

BOULDER

PRAYER OF SAINT FRANCIS

Lord, make me an instrument of your peace:

Where there is hatred, let me sow love;

Where there is injury, pardon;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

Where there is sadness, joy.

O Divine Master,

Grant that I may not so much seek

To be consoled as to console,

To be understood as to understand,

To be loved as to love.

For it is in giving that we receive,

It is in pardoning that we are pardoned,

And it is in dying that we are born to eternal life.

Amen.

PRAYERS

OF THE SAINTS

LORD, MAKE ME AN INSTRUMENT OF YOUR PEACE

**Blessed are the peacemakers, for they will be called
children of God.**

Matthew 5:9

**Turn away from evil and do good; seek peace and
pursue it.**

Psalm 34:14

**So then let us pursue what makes for peace and for
mutual upbuilding.**

Romans 14:19

P R A Y E R S

O F T H E S A I N T S

WHERE THERE IS HATRED, LET ME SOW LOVE

Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

Galatians 6:7-10

P R A Y E R S

O F T H E S A I N T S

WHERE THERE IS INJURY, PARDON

Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing, because to this you were called so that you may inherit a blessing.

1 Peter 3:9

P R A Y E R S

O F T H E S A I N T S

WHERE THERE IS DOUBT, FAITH

Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything. If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind.

James 1:1-6

P R A Y E R S

O F T H E S A I N T S

WHERE THERE IS DESPAIR, HOPE

We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body.

2 Corinthians 4:8-10

P R A Y E R S

O F T H E S A I N T S

WHERE THERE IS DARKNESS, LIGHT

**In him was life, and that life was the light of all
mankind. The light shines in the darkness, and the
darkness has not overcome it.**

John 1:4-5

P R A Y E R S

O F T H E S A I N T S

**WHERE THERE IS
SADNESS, JOY**

**You turned my wailing into dancing; you removed
my sackcloth and clothed me with joy, that my
heart may sing your praises and not be silent.
Lord my God, I will praise you forever.**

Psalm 30:11-12

P R A Y E R S

O F T H E S A I N T S

**O DIVINE MASTER, GRANT THAT I
MAY NOT SO MUCH SEEK TO BE
CONSOLED AS TO CONSOLE**

**Praise be to the God and Father of our Lord Jesus
Christ, the Father of compassion and the God of
all comfort, who comforts us in all our troubles,
so that we can comfort those in any trouble with
the comfort we ourselves receive from God.**

2 Corinthians 1:3-4

P R A Y E R S

O F T H E S A I N T S

TO BE UNDERSTOOD AS TO UNDERSTAND

Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

Philippians 2:1-5

P R A Y E R S

O F T H E S A I N T S

**TO BE LOVED
AS TO LOVE**

Love one another with brotherly affection. Outdo one another in showing honor.

Romans 12:10

P R A Y E R S

O F T H E S A I N T S

FOR IT IS IN GIVING THAT WE RECEIVE

Give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you.

Luke 6:38

P R A Y E R S

O F T H E S A I N T S

FOR IT IS IN PARDONING THAT WE ARE PARDONED

For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.

Matthew 6:14-15

P R A Y E R S

O F T H E S A I N T S

**AND IT IS IN DYING THAT WE ARE
BORN TO ETERNAL LIFE.**

AMEN.

**Whoever finds his life will lose it, and whoever loses
his life for my sake will find it.**

Matthew 10:39

P R A Y E R S

O F T H E S A I N T S

SAIN T PATRICK'S BREASTPLATE PRAYER

**I arise today
Through the strength of heaven;
Light of the sun,
Splendor of fire,
Speed of lightning,
Swiftness of the wind,
Depth of the sea,
Stability of the earth,
Firmness of the rock.**

P R A Y E R S

O F T H E S A I N T S

SAINT PATRICK'S **BREASTPLATE** **PRAYER**

I arise today
Through God's strength to pilot me;
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's way to lie before me,
God's shield to protect me,
God's hosts to save me
Afar and anear,
Alone or in a multitude.

P R A Y E R S

O F T H E S A I N T S

SAINT PATRICK'S BREASTPLATE PRAYER

**Christ shield me today
Against wounding**

**Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit down,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in the eye that sees me,
Christ in the ear that hears me.**

**I arise today
Through the mighty strength
Of the Lord of creation.**

P R A Y E R S

O F T H E S A I N T S

PSALM 32:6-8

**Therefore let all the faithful pray to you while you may
be found; surely the rising of the mighty waters
will not reach them.**

**You are my hiding place; you will protect me from
trouble and surround me with songs of deliverance.**

**I will instruct you and teach you in the way you should
go; I will counsel you with my loving eye on you.**

P R A Y E R S

O F T H E S A I N T S

EPHESIANS 6:11-17

Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.

P R A Y E R S

O F T H E S A I N T S

PSALM 46:1-7

**God is our refuge and strength, an ever-present help
in trouble.**

**Therefore we will not fear, though the earth give way
and the mountains fall into the heart of the sea,**

**though its waters roar and foam and the mountains
quake with their surging.**

**There is a river whose streams make glad the city of
God, the holy place where the Most High dwells.**

**God is within her, she will not fall; God will help her at
break of day.**

**Nations are in uproar, kingdoms fall; he lifts his voice,
the earth melts.**

**The Lord Almighty is with us; the God of Jacob is our
fortress**

P R A Y E R S

O F T H E S A I N T S

PSALM 18:30

As for God, his way is perfect:
The Lord's word is flawless;
he shields all who take refuge in him.

PRAYERS

OF THE SAINTS

THE SHEMA PRAYER

Hear, O Israel: The LORD our God, the LORD is one. Love the LORD your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates.

Blessed be the name of the glory of His kingdom
forever and ever.

P R A Y E R S

O F T H E S A I N T S

DEUTERONOMY 11:13-21

So if you faithfully obey the commands I am giving you today--to love the LORD your God and to serve him with all your heart and with all your soul-- then I will send rain on your land in its season, both autumn and spring rains, so that you may gather in your grain, new wine and olive oil. I will provide grass in the fields for your cattle, and you will eat and be satisfied. Be careful, or you will be enticed to turn away and worship other gods and bow down to them. Then the LORD's anger will burn against you, and he will shut up the heavens so that it will not rain and the ground will yield no produce, and you will soon perish from the good land the LORD is giving you. Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. Write them on the doorframes of your houses and on your gates, so that your days and the days of your children may be many in the land the LORD swore to give your ancestors, as many as the days that the heavens are above the earth.

P R A Y E R S

O F T H E S A I N T S

NUMBERS 15:37-41

The LORD said to Moses, "Speak to the Israelites and say to them: 'Throughout the generations to come you are to make tassels on the corners of your garments, with a blue cord on each tassel. You will have these tassels to look at and so you will remember all the commands of the LORD, that you may obey them and not prostitute yourselves by chasing after the lusts of your own hearts and eyes. Then you will remember to obey all my commands and will be consecrated to your God. I am the LORD your God, who brought you out of Egypt to be your God. I am the LORD your God.'"

P R A Y E R S

O F T H E S A I N T S

1 CHRONICLES 17:20

**There is no one like you, LORD, and there is no God
but you.**

1 SAMUEL 2:2

**There is no one holy like the LORD; there is no one
besides you; there is no Rock like our God.**

P R A Y E R S

O F T H E S A I N T S

ISAIAH 46:9-11

Remember the former things, those of long ago; I am God, and there is no other; I am God, and there is none like me. I make known the end from the beginning, from ancient times, what is still to come. I say, 'My purpose will stand, and I will do all that I please.' From the east I summon a bird of prey; from a far-off land, a man to fulfill my purpose. What I have said, that I will bring about; what I have planned, that I will do.

P R A Y E R S

O F T H E S A I N T S

JEREMIAH 2:13

My people have committed two sins: They have forsaken me, the spring of living water, and have dug their own cisterns, broken cisterns that cannot hold water.

P R A Y E R S

O F T H E S A I N T S

JOHN 7:38

Whoever believes in me [YESHUA], as Scripture has said, rivers of living water will flow from within them.

PRAYERS

OF THE SAINTS

SERENITY PRAYER

God grant me the **SERENITY** to accept the things
I cannot change; **COURAGE** to change the things I can;
and **WISDOM** to know the difference.

Living one day at a time;
enjoying one moment at a time;
accepting hardships as the pathway to peace;
taking, as He did, this sinful world as it is, not as I
would have it:

Trusting that He will make all things right
if I surrender to His Will;
that I may be reasonably happy in this life
and supremely happy with Him forever in the next.

Amen

P R A Y E R S

O F T H E S A I N T S

**GOD GRANT ME THE SERENITY TO
ACCEPT THE THINGS I CANNOT
CHANGE**

John 16:33

I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.”

Philippians 4:6-7

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Job 1:20-21

At this, Job got up and tore his robe and shaved his head. Then he fell to the ground in worship and said: “Naked I came from my mother’s womb, and naked I will depart. The Lord gave and the Lord has taken away; may the name of the Lord be praised.”

P R A Y E R S

O F T H E S A I N T S

COURAGE TO CHANGE THE THINGS I CAN

2 Timothy 1:7

For God gave us a spirit not of fear but of power and love and self-control.

1 Chronicles 28:20

Then David said to Solomon his son, "Be strong and courageous and do it. Do not be afraid and do not be dismayed, for the Lord God, even my God, is with you. He will not leave you or forsake you, until all the work for the service of the house of the Lord is finished.

Ezra 10

4 Rise up; this matter is in your hands. We will support you, so take courage and do it."

P R A Y E R S

O F T H E S A I N T S

AND WISDOM TO KNOW THE DIFFERENCE

James 1:5

If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.

Philippians 1:9-11

And it is my prayer that your love may abound more and more, with knowledge and all discernment, so that you may approve what is excellent, and so be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God.

Proverbs 9:10

The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is insight.

P R A Y E R S

O F T H E S A I N T S

LIVING ONE DAY AT A TIME; ENJOYING ONE MOMENT AT A TIME

Matthew 6:27-34

Can any one of you by worrying add a single hour to your life? And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

P R A Y E R S

O F T H E S A I N T S

ACCEPTING HARDSHIPS AS THE PATHWAY TO PEACE

Romans 5:3-5

**Not only so, but we also glory in our sufferings,
because we know that suffering produces
perseverance; perseverance, character; and
character, hope. And hope does not put us to shame,
because God's love has been poured out into our
hearts through the Holy Spirit, who has been given to
us.**

P R A Y E R S

O F T H E S A I N T S

**TAKING, AS HE DID, THIS SINFUL
WORLD AS IT IS,
NOT AS I WOULD HAVE IT**

John 3:16-17

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him.

Romans 12:1-2

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

P R A Y E R S

O F T H E S A I N T S

**TRUSTING THAT HE WILL MAKE ALL
THINGS RIGHT IF I SURRENDER TO
HIS WILL**

Proverbs 3:5-6

**Trust in the Lord with all your heart, and do not lean
on your own understanding.**

**In all your ways acknowledge him, and he will make
straight your paths.**

Philippians 1:6

**And I am sure of this, that he who began a good work
in you will bring it to completion at the day of Jesus
Christ.**

P R A Y E R S

O F T H E S A I N T S

**THAT I MAY BE REASONABLY
HAPPY IN THIS LIFE
AND SUPREMEPLY HAPPY WITH HIM
FOREVER IN THE NEXT. AMEN**

Philippians 4:4

Rejoice in the Lord always. I will say it again: Rejoice!

Psalm 16:8-11

I keep my eyes always on the Lord. With him at my right hand, I will not be shaken. Therefore my heart is glad and my tongue rejoices; my body also will rest secure, because you will not abandon me to the realm of the dead, nor will you let your faithful one see decay. You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

P R A Y E R S

O F T H E S A I N T S

John 14:1-4

“Do not let your hearts be troubled. You believe in God believe also in me. My Father’s house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am. You know the way to the place where I am going.”

P R A Y E R S

O F T H E S A I N T S

TERESA OF AVILA
“LORD YOU ARE CLOSER”

Lord, you are closer to me than my own breath, nearer
to me than my hands and feet.

Amen

PRAYERS

OF THE SAINTS

TERESA OF AVILA

“GUIDED BY YOU”

Lord, grant that I may always allow myself to be guided by You, always follow Your plans, and perfectly accomplish Your Holy Will. Grant that in all things, great and small, today and all the days of my life, I may do whatever You require of me. Help me respond to the slightest prompting of Your Grace, so that I may be Your trustworthy instrument for Your honour. May Your Will be done in time and in eternity by me, in me, and through me.

Amen

P R A Y E R S

O F T H E S A I N T S

TERESA OF AVILA

“A LOVE SONG”

**Majestic sovereign, timeless wisdom,
your kindness melts my hard, cold soul.**

**Handsome lover, selfless giver,
your beauty fills my dull, sad eyes.**

I am yours, you made me.

I am yours, you called me.

I am yours, you saved me.

I am yours, you loved me.

I will never leave your presence.

Give me death, give me life.

Give me sickness, give me health.

Give me honour, give me shame.

Give me weakness, give me strength.

I will have whatever you give.

Amen

P R A Y E R S

O F T H E S A I N T S

TERESA OF AVILA

“LET NOTHING DISTURB YOU”

Let nothing disturb you,
let nothing frighten you,
all things will pass away.
God never changes;
patience obtains all things,
whoever has God lacks nothing.
God alone suffices.

Amen

P R A Y E R S

O F T H E S A I N T S

TERESA OF AVILA

“GROWING OLDER”

Lord, You know better than I myself that I am growing older and will someday be old. Keep me from the fatal habit of thinking I must say something on every subject and on every occasion. Release me from craving to straighten out everybody's affairs. Make me thoughtful but not moody; helpful but not bossy. With my vast store of wisdom, it seems a pity not to use it all; but You know, Lord, that I want a few friends at the end. Keep my mind free from the recital of endless details; give me wings to get to the point. ...

P R A Y E R S

O F T H E S A I N T S

TERESA OF AVILA

“GROWING OLDER”

... Seal my lips on my aches and pains; they are increasing, and love of rehearsing them is becoming sweeter as the years go by. I dare not ask for improved memory, but for a growing humility and a lessening cock-sureness when my memory seems to clash with the memories of others. Teach me the glorious lesson that occasionally I may be mistaken. Keep me reasonably sweet, for a sour old person is one of the crowning works of the devil. Give me the ability to see good things in unexpected places and talents in unexpected people; and give, O Lord, the grace to tell them so.

Amen

PRAYERS

OF THE SAINTS

TERESA OF AVILA

“HIS BODY”

Christ has no body now but yours. No hands, no feet on earth but yours. Yours are the eyes through which he looks compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands through which he blesses all the world. Yours are the hands, yours are the feet, yours are the eyes, you are his body. Christ has no body now on earth but yours.

PRAYERS

OF THE SAINTS

JOHN WESLEY'S COVENANT PRAYER

I am no longer my own, but thine.
Put me to what thou wilt, rank me with whom thou wilt.
Put me to doing, put me to suffering.
Let me be employed by thee or laid aside for thee,
exalted for thee or brought low for thee.
Let me be full, let me be empty.
Let me have all things, let me have nothing.
I freely and heartily yield all things
to thy pleasure and disposal.
And now, O glorious and blessed God,
Father, Son, and Holy Spirit,
thou art mine, and I am thine. So be it.
And the covenant which I have made on earth,
let it be ratified in heaven. Amen.

P R A Y E R S

O F T H E S A I N T S

JOSHUA 24:14-15

“Now fear the Lord and serve him with all faithfulness. Throw away the gods your ancestors worshiped beyond the Euphrates River and in Egypt, and serve the Lord. But if serving the Lord seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your ancestors served beyond the Euphrates, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the Lord.”

P R A Y E R S

O F T H E S A I N T S

ROMANS 12:1-2

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

P R A Y E R S

O F T H E S A I N T S

LUKE 9:23-24

Then he said to them all: "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me will save it"

P R A Y E R S

O F T H E S A I N T S

**AARONIC BLESSING
PRIESTLY BLESSING
BIRKAT KOHANIM**

The Lord bless you
The Lord keep you
The Lord make his face shine upon you
The Lord be gracious to you
The Lord lift up his face to you
The Lord give you peace

Hebrew Transliteration

Yevarechecha Adonai, V'Yishmerecha
Ya'er Adonai Panav Eleycha, ViChoneka
Yisa Adonai Panav Eleycha, V'Yasem Lecha Shalom

P R A Y E R S

O F T H E S A I N T S

NUMBERS 6:22-27

The LORD said to Moses, "Tell Aaron and his sons, 'This is how you are to bless the Israelites. Say to them: "'The LORD bless you and keep you; the LORD make his face shine on you and be gracious to you; the LORD turn his face toward you and give you peace.'" ' "So they will put my name on the Israelites, and I will bless them."

P R A Y E R S

O F T H E S A I N T S

MATTHEW 2:11

On coming to the house, they saw the child with his mother Mary, and they bowed down and worshiped him. Then they opened their treasures and presented him with gifts of gold, frankincense and myrrh.

P R A Y E R S

O F T H E S A I N T S

MATTHEW 20:25-28

Jesus called them together and said, "You know that the rulers of the Gentiles lord it over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be your slave-- just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

P R A Y E R S

O F T H E S A I N T S

PSALM 23:4

**Even though I walk through the darkest valley, I will
fear no evil, for you are WITH me**

PSALM 34:18

**The LORD is close to the brokenhearted and saves
those who are crushed in spirit.**

P R A Y E R S

O F T H E S A I N T S

ROMANS 8:38-39

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Messiah Jesus our Lord.

P R A Y E R S

O F T H E S A I N T S

JOHN 16:33

I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

P R A Y E R S

O F T H E S A I N T S