

SEDER PLATE & OTHER ITEMS NEEDED FOR THE PASSOVER SEDER

The Seder plate is a significant role in a Passover Seder and each item on the plate helps to tell the Passover story. Having these items on your table will make your Seder more meaningful. A Passover Seder is very hands-on.

Below is a picture of a traditional Seder plate, however, we don't use the egg or the lettuce in our Seder.

Beginning with the parsley sprig and moving to the left here are the items...

1. One parsley sprig for each person.
2. A large dollop of prepared horseradish. You can purchase a jar in the markets. White, not creamed, is best because it has more kick to it.
3. One Lamb shank bone. Easiest way to get this is to purchase a bone in lamb chop at the market, cook it, remove or eat the meat and keep the bone. If your family enjoys eating lamb chops, Costco sells them in the meat section. You can always just use any meat bone but a pork bone would not be appropriate.
4. A large dollop of Charoset. This is a mixture of chopped apples and walnuts and a few other ingredients. A recipe can be found below and is very easy to make. Make enough for everyone to be able to have about 2 teaspoons. Make more if you want to enjoy this with your dinner.

You can put these items on one plate or just put them in separate bowls. It's only important that you have them on your table. Also, better to have more than less so everyone can participate.

Here's what a traditional Seder plate looks like. Remember, no egg or lettuce.



CHAROSET RECIPE

This recipe serves approximately for 4 people, so adjust according to the size of your group.

Ingredients	Instructions
1 cup of walnuts 1 granny smith green apple 2 tsp. cinnamon 2 tsp. brown sugar red wine to moisten	Chop the nuts and apples to the consistency you want (a food processor can be used). Sprinkle with spices, and moisten with wine. The texture of the charoset should remind us of the mortar used by the slaves to build.

OTHER ITEMS YOU WILL NEED ON YOUR TABLE

1. 2 unlit candles & something to light them when prompted
2. 3 full matzos wrapped in a white cloth
3. Several more matzos to be used during the Seder and can be eaten during your dinner
4. One glass of wine or grape juice for each person
5. One Haggadah (Seder booklet per 2 people to share)